

WeTHRIVE! ANNUAL REPORT

*Creating a culture of health, safety, and vitality
throughout Hamilton County.*

2025



We
THRIVE!
Community Wellness in Action™

AN
INITIATIVE
OF

 **HAMILTON COUNTY
PUBLIC HEALTH**

PREVENT. PROMOTE. PROTECT.

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2025 HIGHLIGHTS

Community Health Assessments

In 2025, WeTHRIVE! and HCPH revised the Community Health Assessment (CHA) process to provide communities with an updated CHA every three years, which aligns with the county-wide CHA. CHAs use the most up-to-date data and landscape reviews to determine assets (things a community is doing well) and opportunities (areas that could be improved).

Every WeTHRIVE! CHA highlights community strengths and provides WeTHRIVE! teams with actionable steps to improve the health and safety of their community.

WeTHRIVE! population health specialists shared CHAs at WeTHRIVE! team meetings and presented to council or administration upon request.



WeTHRIVE! Toolkit

In 2025, WeTHRIVE! worked with Blume Community Partners to create and release the WeTHRIVE! Toolkit. The toolkit is designed for all teams, whether they are new or established. The content is relevant wherever they are in the WeTHRIVE! process. The toolkit provides resources, templates, and key information, including:

- Resources for recruiting team members.
- Tips for effective meetings and conflict resolution.
- Strategies to identify team priorities.
- Ways to recognize skills and strengths of team members.
- Suggestions for engaging community members outside of the WeTHRIVE! team.



Neighborhood Navigators

Neighborhood navigators take on a more formal role in working with HCPH to focus on policy, systems, and environmental changes around nutrition and physical activity in their WeTHRIVE! communities. They help us make connections and build meaningful relationships in an effort to create a healthy and safe community for all. In 2025, navigators helped lead WeTHRIVE! teams, improve access to fruits and vegetables, and connect teams to key stakeholders and community partners.



Food Service Guidelines

In 2025, we kicked off our work with food service guidelines. While this phrase typically makes you think of cafeterias and restaurants, it can also apply to food pantries. Our goal is to help make the healthy choice the easy choice for all community members, no matter where they get their food.

Staff worked with two pantries that serve residents of WeTHRIVE! communities to implement strategies promoting the [Healthy Eating Research \(HER\) Nutrition Guidelines for the Charitable Food System](#). Both organizations completed assessments, created action plans, and started to implement HER's "choose often, choose sometimes, choose rarely" system in ways that work for them.

2025 TEAMS IN ACTION

Throughout 2025, WeTHRIVE! early care and education providers, communities, and schools continued to show adaptability, resiliency, and the ability to think outside the box. WeTHRIVE! staff worked to expand teams, complete assessments, develop action plans, and provide support and resources to teams.

Food Access

WeTHRIVE! teams worked to ensure healthy food access for all community members by holding food distribution events and farmer's markets, collecting donations for local food pantries, and installing a [Little Free Pantry](#).

WeTHRIVE! also created and distributed donation guidelines that encourage people to donate shelf-stable, nutritious foods.



Active Transportation

WeTHRIVE! teams continued to identify strategies to help people safely move about the community without a car, through [Safe Routes to School](#) and active transportation plans. Pop-up demonstration projects showed how the identified strategies could look within the community.



Social Connection

WeTHRIVE! teams hosted programs and events that brought residents, students, school staff, and families together. These included:

- 5K walks
- Fall prevention and physical activity classes
- Wellness fairs
- Walking clubs
- Volunteer opportunities



Overdose Prevention

WeTHRIVE! community teams partnered with HCPH to implement overdose prevention strategies, including community outreach and engagement; modern first aid training; and placing fentanyl test kits in key community locations.



2025: A CLOSER LOOK

Support

\$28,516

received from grants, in-kind support, and other donations.

303 WeTHRIVE! team meetings

12 Grant applications submitted by WeTHRIVE! teams

176 Key champion/stakeholder meetings

4 New WeTHRIVE! partners

38 Events attended

Data

50

Assessments completed

Community Focus Areas, School WellSAT-3.0/School Health Index, Nutrition and Physical Activity Self-Assessment for Child Care

24

Community Health Assessments

disseminated to teams, providing community-specific data and actionable recommendations.

8

School Data Profiles

disseminated to teams, providing school district-specific data.

Collaboration

Learning Collaborative

2 meetings
42 participants

Early care and education providers, community, and school teams connect, learn, and support each other. In 2025, teams learned from each other and partners as the meetings focused on different aspects of the WeTHRIVE! Toolkit.

Implementation Team

2 meetings
39 participants

Partner organizations send representatives to network and hear updates about the WeTHRIVE! initiative and the work community and school teams are doing.

Speed Networking Event

1 meeting
43 participants

Early care and education providers, community, and school teams meet one-on-one with community partners to share what they are working on, learn more about the partner agency, and identify potential opportunities to collaborate.

Celebration


Communications

- **E-Newsletter:** 7 issues to **517** individuals per issue
- **Website:** **8,843** unique views
- **Social Media:** **496** posts with **55,958** impressions
- **Stories:** **13** posted on website, **1** published in Cincinnati Enquirer

Annual Recognition

- **21** communities recognized
- **7** school districts recognized
- **9** early care and education providers recognized





“Community is much more than belonging to something. It’s about doing something together that makes belonging matter.”

Brian Solis



Thanks to all the WeTHRIVE! early care and education providers, communities, schools, and partner organizations for your continued dedication. WeTHRIVE! appreciates the opportunity to work together to integrate health where people live, work, learn, and play. We recognize your help in creating a future where all individuals have the opportunity to thrive!

-The WeTHRIVE! Team





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CONTACT

ContactWeTHRIVE@hamilton-co.org



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